Fall 2013 Volume 36, Edition 3

Southern Vancouver Island Area

Guide House, 938 Mason Street Victoria, BC V8T 1A2

Girl Guides Guides of Canada du Canada





On a very, very, hot June day...

Read the story on page 8.

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The Lamplighter will be delivered three times a year to your inbox in full colour, or for those of you without an email, to your mailbox in a black and white version. It will be dedicated to promoting celebrations, special activities and accomplishments and disseminating non-time sensitive material to Guiding members in SVI. Send your submissions by email to svilamplighter@gmail.com or mail to The Lamplighter, c/o Guide House by October 1st, February 1st and May 1st for inclusion in the Fall, Winter and Spring editions.

SVI Area Council 2013-2014

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Sharon Doty Area Commissioner
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Vacant Awards Committee Chair

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Vacant

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Portage Inlet

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Vacant
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From the Commissioner's Desk...



"Anne reveled in the world of color about her."

"Oh, Marilla," she exclaimed one Saturday morning, coming dancing in with her arms full of gorgeous boughs, "I'm so glad I live in a world where there are Octobers. It would be terrible if we just skipped from September to November, wouldn't it? Look at these maple branches. Don't they give you a thrill-several thrills?"

L.M. Montgomery,
 Anne of Green Gables

I remember camping at Milnes

Landing in October with 1st Victoria Guides several years back. It was such a thrill, several thrills in fact, to walk along the trail of thick maple leaves with the girls, the crisp air laced with the smell of wood smoke. Sitting around the campfire, singing old songs and sharing new ones learned at away-camps in the summer was always especially cosy in the cool fall air. Sleeping bags had to be warmer and toques were always a good idea! Discovery Camp also held a thrill as Pathfinders braved the often damp weekend at Jubilee and survived with many tales to tell. We had many wonderful camps and truly each season has its own wonder, but autumn can be spectacular.

When the units start in September, there are often new members, maybe new Guiders as well, learning their Promise and Law and what it means to be a Guide. Planning what will happen over the course of the year, what badges the unit will work on, what challenges they will undertake, how many camps they will plan for, what special events they will take part in... these are all part of the September and October excitement. There are Mint cookies to sell with some girls getting their first chance to be a salesperson when knocking on doors offering our tasty cookies for customers. Enrolments, Halloween parties, fall teas and craft sales are all great autumn memories of mine. As the days get shorter and the nights get colder, try doing a flashlight hike or an evening scavenger hunt with your girls... getting a different perspective on what you are looking for than if you travelled the same direction during the day. Try playing a game of night eyes where little cards

of "eyes" are hidden and the girls must search them out with the flashlight beam that makes them reflect the light and glow eerily. Try making apple sauce, apple and berry pies and crisps, served warm with a big dollop of ice cream. Go for a beach walk on a windy day. Do a "duck walk" with gum boots, rain gear and umbrellas to see how different a park looks after a good rain. Have the girls visit a garden after a rainfall and take photos of dahlias or other beautiful fall flowers when the raindrops are hanging heavy on their petals. Do a hike by a creek and talk about the effects that our West Coast rainfall has on these bodies of water in this wet season. Build bird feeders that can be put up when the first frosts are on the ground. There are so many wonderful aspects to the start of the new school year, the start of the new Guiding year, the start of fall. Use your imagination and engage the girls in using theirs as you make plans to create wonderful memories together in the sisterhood of Guiding!

Sharon Doty, SVI Area Commissioner





Hats Off...

...To Rebecca Hansen, 1st Dunsmuir-Thunderbird Pathfinders for winning the 15th Annual Youth Now Awards - Individual Volunteer Award, Age 11 to 14. This award celebrates inspiring youth leaders in our community. Her write up states "Rebecca Hansen is a Girl Guide who is often seen cleaning neighbourhood shorelines, making toys for cats at the SPCA and crating Christmas shoeboxes for those less fortunate. Congratulations Rebecca!"

...To outgoing Area Council members Olive Brown, Trefoil Liaison, Lynda Ireland, House Committee Chair, and Gillian Hurwood, Harbours Commissioner. A very warm welcome to new Area Camping Adviser, Erlene Amero, Lakes Commissioner Robin Alexander and District Contacts Christine Grist and Alicia Goluza for Portage Inlet and Colleen Lafleur for Harbours.

...To all the girls and Guiders who volunteered at the Saanich Fall Fair and cookie sales booth -Alyssa Robertson, Bridgette Downes, Anna Dzioba, Heather Schiedel, Elisabeth Downes, Merlane Quon, Lee-Ann, Olivia and Shauna Hunze, Heather Brass, Tara and Amy Bussanich, Leah Smith, Cathy Schofield, Ute Grayson, Jeannie Cosgrove, Becky, Josie and Pippa Hof, Sherry Fortais, Sharon Lohr, Tia McDonald, Charlotte Clar, Carol Gamey and Kim Jones. Special thanks to Area PR Adviser Colene Wood for doing a double shift and for the set-up and take-down of the displays. Thanks to Mary **Porterfield** for dealing with the accounts payable by area with her characteristic efficiency.

...To all the girls and young women working as girl assistants in units. Thank you for your energy and enthusiasm. You are wonderful role models and your time and efforts greatly appreciated.



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I hope you all received my area-wide introductory memo last month outlining my role as SOAR Liaison for SVI. It is still very early days yet but soon we will receive the names of the approved patrol guiders and then we can start organizing in earnest. We have been looking into transportation options and you should know now that the cost per patrol will be significantly higher this time. We have a much further distance to travel compared to the last two SOAR events in Parksville and Agassiz, and so it is reasonable to expect an increase. In 2011 the patrols were charged \$300 which is \$30 per person – that will just cover the ferry fares now. So please "be prepared" for a more realistic amount for 2014.

In the near future I will be taking names of girls who have no patrol guider but who wish to attend. I will do my best to attach these girls to peer-age patrols who have space but please be aware that if we do not have the room here, they may be joining patrols from outside our area.

I intend to initiate a discussion board of some kind to enable anyone to ask questions, make comments, or just share information amongst all our SVI participants. Plans are in the works for a SOAR pre-camp event at Jubilee in the late spring. And I will hold an information meeting for all patrol guiders early in 2014. Keep watching your email for the latest information.

If you have general questions, I can be reached at ggclireland@uniserve.com, but it is really too soon to get into too many specifics. The patrol guider packages will likely come out early in the New Year and will provide many answers. In the meantime, keep on with your fundraising and working with the girls on their camping skills. They (and you) are in for an experience of a lifetime!

Lynda Ireland, SVI Area SOAR Liaison



International News

Welcome back to all the summer 2013 travelers!

On Thursday, Sept. 26th at Guide House, we learned about the experiences of Guiders and girls who travelled over this past summer. I am sure they would like an invitation to come to your unit or district meeting to share their adventures.

There are no provincially sponsored international events next year because of SOAR 2014. National, however, is sponsoring six adventures, several of them repetitions of trips that were extremely popular this summer. (Note: Kenya Adventure 2014 was cancelled due to political disturbances in that country. A replacement event will be posted on the website when the details become available.)

The international and domestic trips are:

- Arctic Adventure 2014, Churchill, Manitoba
- Newfoundland and Labrador Adventure 2014
- PEI Cycling Adventure 2014
- Journey through London 2014
- Wings 2014, Berkshire UK
- Sea of Cortez 2014

The fact sheets for the trips can be found online at the Girl Guide website. Go to www.girlguides.ca - Program – International Guiding – Travel Opportunities. The deadline for international trip applications to area is Oct. 31, 2013. To submit an application send it to my personal email m1683@telus.net, with the subject line - GGC: International Trip 2014 – and the name of the trip you are applying for. Feel free to contact me if you need assistance or require more information.

Reminder – There is a crest available for the Twinning Challenge: Grenada and Curacao. The information package is available for downloading at:

http://www.girlguides.ca/GGC/Programs/Specialized Programming/Twinning/GGC/Programs/Specialized Programming/Twinning.aspx.

Submitted by Merlane Quon, SVI International Adviser

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May 2013 Dear SVI Area Council:

Thank you so very much for presenting me with the Spirit of Hilda Leighton SVI Award at the Annual Gathering of Members last month. I am honoured to receive such recognition and am grateful to everyone who had a part in the surprise - and believe me, I was surprised!

I had the opportunity to learn about Hilda in my research for the 100th celebrations in 2010, and just what her work meant to this region over 100 years ago. I was delighted to hear that the new SVI award was being named in her memory, and to see it presented for the first time last year. Never did I think I would be a recipient!

I am proud to be a member of SVI Area and of this legacy that continues with the hard work of all of you. Again, thank you for the wonderful tribute. I shall wear my pin with pride and treasure it always.

Sincerely yours in Guiding, Lynda Ireland

On a Very, Very, Hot June Day...

On a very, very, hot June day, 40 third-year Guides met in downtown Sidney to celebrate the completion of their Lady Baden-Powell Challenge. They were invited to participate in a scavenger hunt all over Sidney, locating the items they would need for their "Pathfinder Survival Kit" - notebook and pen, emergency blanket, disposable washcloths, carabiner, 'spork', first aid kit and a flashlight.

First stop of the day was the fountain at the Mary Winspear Centre where they collected a new mesh dish bag to hold their treasures. The girls then set off in small groups with a map and a list of requirements. They visited eight locations where they found a Guider with a task for them. At the Sidney Municipal Hall they made a Guide balloon and put it on a stick to carry for the rest of the day. After a visit to the Satellite Fish Market everybody was wearing a



Girl Guide tattoo. Fish were counted at the Shaw Ocean Discovery Centre and imitated for a photo-op at the Scuba Diver statue at the beach. The sweet

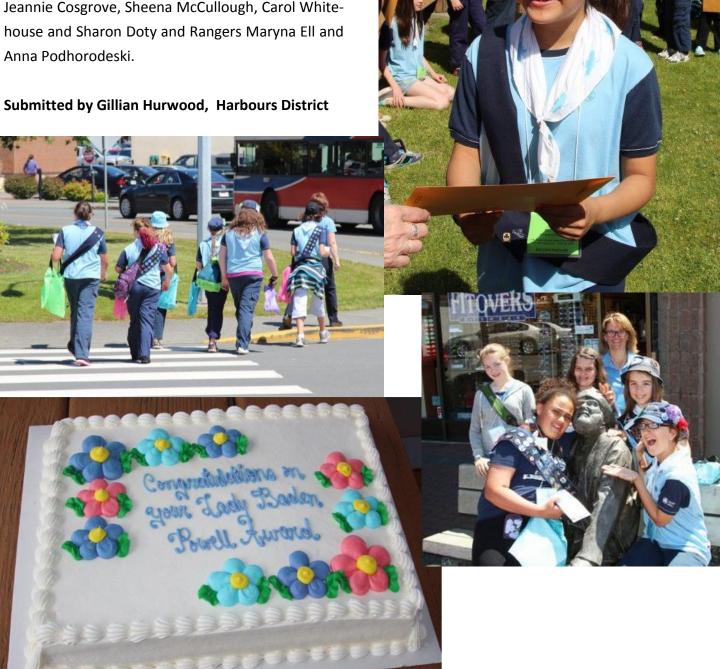


stop of the day was a visit to Lolly Gobble Sweet Shop to collect a treat. After a quick review of their Guide promise at the Sidney Guide and Scout Hall and a stop at the Star Theatre to check out what movies were playing, their treasures were collected. Αt numerous other locations they had to answer questions or take

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photographs to complete the hunt. The girls and Guiders then found their way to Tulista Park for a presentation of certificates by Area Commissioner Sharon Doty, followed by cake for girls and their families.

Many thanks to the Guiders who helped make this event happen – Wendy Halpen, Tamara Fraser, Colleen Lafleur, Marilyn Maggiora, Lynda Ireland, Michelle Winsor, Sandy Hull, Sandi Arts, Karalee Tremblay, Kerrie Tuggle, Jacky Stevens, Jeannie Cosgrove, Sheena McCullough, Carol Whitehouse and Sharon Doty and Rangers Maryna Ell and Anna Podhorodeski.





A short stop at Milnes Landing celebrating 75 years Revved us up for what lay ahead for all of us dears Guiding brings all ages of women together Camping we do regardless of weather

Sheilagh and Sharon knew the camp was a score When seven old guiders could make it once more The gate was unlocked for us to unpack in a rush New canvas wall tents — so easy — no fuss

Brenda and Barb filled the coolers so much With delicious meals, snacks, surprises and such

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To wake up to coffee and hot water galore Camping this way, we all sure adore

Packing a lunch to hike over hill and dale Bushwacking, walking in circles we looked for the trail

To Sheringham Lighthouse we finally arrived On to Flee and French Beaches we gazed at the tides

Jill with her exploring and fun time cartoon
Feels happy to be counted as one of the crew
Amazing it is to be life time campers
Something to bind us no matter what happens

Sohad and Suzanne with their boots that did pinch Made them both feel a bit like a Grinch Banana boats, s'mores, lemon bars were all so sweet And helped everyone get over the pains in their feet

Campfires so warm with friends and bright flames
Songs were sung over and over again
Many we all seemed to know off by heart
And others we had to look in the book just to start

Perhaps we will meet at camp someday soon Such an organized group we could be there by noon Good female friends enjoying fine food and fun Memories are made and there is more to be done

> Submitted by Jill Croft, 1st Victoria Trefoil Guild, July 2013.



The quartermaster at Discovery Camp commented that the weather was "damp,"

commented that the weather was "damp," perhaps the greatest understatement in SVI Area Girl Guides this year. Girls from Camas, Harbours, Pacific Skies and Peninsula Shores Pathfinder units were joined by a small group of Harbours and Pacific Skies Rangers for their first camp of the year. Friday evening was a busy shuffle of gear across the bridges to campsites followed by the pitching of tents and a game of ice breaker Bingo. We now know that there are no twins and no two people share the same birthday in these five groups of girls. Although rain was in the air, it didn't start until the girls had returned to their tents — and then it poured, and poured and poured.

After leisurely breakfasts the girls all met at Kirby for a morning with India and Jordan from Science Venture at UVIC. Although activities had to be moved under cover, a very pleasant morning was spent making elephant toothpaste, pop bottle rockets and leaf photographs developed in the daylight (not sun – there wasn't any!).

As the day progressed, organizers realized that fluid weather needed a more fluid plan and that they would have to 'go with the flow'. Guiders reorganized the stations so that all activities could take place in pan abodes and

kitchen shelters.

Although created on the run, an afternoon of service, first-aid training and a friendship bracelet craft was enjoyed by all. Late afternoon saw the girls returning to their kitchen shelters to work on dinner, skits for the evening campfire and their dessert contribution to the "Iron Chef" competition. Judges were most impressed by all the entries. Although none of them could be considered classic camp food, they will no doubt be added to the girls' cooking repertoires. Dunsmuir-Thunderbird Pathfinders won the day with their Creamy Chocolate Fondue served with fresh fruit. Second place was taken by a narrow margin by Pacific Skies with their Apple Fluff. Third place (created on the run by Sidney Pathfinders) was for Chocolate and Marshmallow stuffed crepes - with a trefoil chocolate garnish. Sooke Pathfinders received an Honourable Mention for their Cinnamon and Sugar Donuts.

A rousing campfire was organized by the Rangers, complete with Camp Jubilee history skits performed by the Pathfinders. Who knew that 19th century ghosts spoke with a Texan accent, and that the usual method of proposing in that era was "Yo – marry me".

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Although the rain was torrential (given monsoon status by experienced monsoon camper Wendy Halpen) and camp was shortened by 2½ hours on Sunday morning, it was a terrific opportunity for girls to test their skills and learn their limits. The rain was steady but so were the smiles. I enjoyed working with and learning from Wendy Halpen as Co-Responsible Guiders and we would like to thank Quartermaster Darcy Wyllie, Area Program Adviser Jeannie Cosgrove, Area Camp Adviser Erlene Amero and the Pathfinder Unit Guiders for making this such a successful weekend, in spite of the rain.

Submitted by Gillian Hurwood, Harbours District

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The girls and leaders from 2nd Sangster Brownies, 1st and 2nd Colwood Guides, 1st Colwood Pathfinders and Purple Shores Trefoil were on hand to offer whatever help was needed at the St. John the Baptist Heritage Church Centennial, a community event held in Colwood on August 24th, 2013.

With vintage cars lining the driveway, the day included a wedding and reception, old time picnic games, performances by the Four Seasons Musical Theatre and local musicians, horse drawn carriage rides, a heritage tea and fashion show featuring ladies in period dress, different stations showing heritage artisan crafts and displays of photos and artifacts from 1913.

The girls and leaders took part in the different events when

they had some free time. They set up tables and chairs, helped at the children's craft station, served lunch and cake, cleaned up the area, and took down all the tables and chairs. The highlight was serving lunch to the Lieutenant Governor, Her Honour Judith Guichon, and the Mayor of Colwood, Carol Hamilton, who were very impressed with the girls and commented on how well they worked together.





The pictures and video from the day were sent to Heritage Canada and it was very exciting for our girls and leaders to be a part of the celebration. There is talk of making this an annual event and if so, the organizers have asked us to return. We would love to go back as everyone had a great time.

Submitted by Trudine Wilson, Straits District

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For those of you that camped out on the weekend of Sept. 27 - 29, you will know exactly what I'm talking about when I say it was 'a blustery weekend in the Guide Acre Forest!' (and a soggy one too!).

The 2nd Woodwyn Guides, with Guiders Brenda Fraser and Cathy Schofield, and 1st Keating Guides with Tara Bussanich and Sharon Lohr, combined forces to do a camp early in the season. Who knew that this was going to be an abnormal September! So often, we have nice weather right up into mid-October. Good thing our theme was 'What's the Weather?' Well, we sure found out about that! Fortunately, 'the weather' held off until tent partners set up their sleeping arrangements on Friday night. We even brought a couple of 'pop-up' shelters to increase our dry space. Before bedtime, we taught the girls how to use a thermometer and take a reading, as well as putting out our rain gauge. And, it rained all night (as predicted!). In the morning there were lots of puddles around the tents - fortunately all beds were dry. The girls made a yummy breakfast of Egg McGirl Guides with some fruit on the side, and had some hot chocolate to warm their tummies. We then started with the (very visible) weather observations - the rain gauge was filling, the humidity meter read 100% (no kidding!) and the wind sock was definitely moving! They wrote their predictions for the evening on their weather charts, and learned how to read the newspaper's weather maps. They got to see (and learn firsthand) how important it is to dress for the weather – the benefits of layering, and the effect of rainfall on jeans, polar fleece, nylon, and proper rain gear. They also made a great wind chime craft. (Thanks to Tara's husband, Colin, for drilling all those little holes!)

After lunch, the girls were given some training on how to use a compass. A trail had been laid, and the girls needed to find 11 different compass bearings. Along the soggy trail, they had to pick up each of the pieces for a craft that they would get to make. (Yes, it was still raining). Some of the girls were not staying dry and started to experience the

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chills as they were not quite prepared for so much rain. The forecast was of course, calling for even more precipitation along with high winds. In this regard, we assessed the risk and safety of our activities against the Safe Guide protocols and when the risk got to be too much for the situation, we made a judgement call on the side of safety. We had our emergency contacts call the parents to pick up their girls on Saturday night. In the same situation with more experienced girls, equipped with technical weather gear (and some more tarps) we would have stayed another day.

We certainly had 'interesting' weather at our fall camp. I think all our girls had a great time even if it was shorter than we planned. In the 14 years that Brenda has been Guide camping and the 21 years I have been camping, this is the first time that either one of us has had to shorten a camp due to bad weather. In just 24 hours, our rain gauge showed 40 mm of rain!

Usually Girl Guides are made of sterner stuff, but this crossed the line for our girls. It was an excellent learning experience for all of them (and us too of course!).

Submitted by Sharon Lohr, Woodwyn District



Above: Guida and girls enjoy dinner. Below: Hanging around the wood stove.



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Spotlight on...

Oak Bay Senior



Oak Bay resident Sheilagh Finnigan

PHOTO SUBMITTED

Sheilagh Finnigan moved to Oak Bay when she was a child and was a student at Willows evlementary school. She is most known in the Oak Bay community for her involvement with Girl Guides of Canada, which has been a passion of hers for 20 years. "Guiding has enabled me to travel the globe. I love what guiding offers to women because it is a great program that empowers all women to reach their potential. The sisterhood of guiding is truly global. I am one in 10 million."

The Senior Life

Q&A

What is your favourite Oak Bay destination or activity? Why?

A Hugging an oak tree at Cattle Point and a walk at Willows Beach. There are gorgeous views and the Garry Oak meadows are a treasure.

What words of wisdom have you strived to follow from your parents?

A Always do your best.

What's at the top of your bucket list?

A Lots of travel, as it influences my views on the world.

What is your proudest achievement?

A My girls and my long career as a nurse.

What are you reading right now?

A M.M. Kaye's, The Sun in the Morning. It's about her childhood in India.

...a Trefoil Guild Member

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... SVI Training News...

TRAINING SCHEDULE 2013-2014

SAFE GUIDE:

Wednesday, Nov. 6th 6:00-9:00 p.m. Church of the Advent, Colwood

Saturday, Jan. 11th 9:00 a.m.-noon Guide House

OAL TRAININGS:

GETTING OUTSIDE:

Saturday, March 29th 2:00-4:00 p.m. details to follow (Rekindle)

BASIC DAY: This day covers all the non-technical hands-on modules for Residential and

Tenting OAL

Saturday, Nov. 16th 9:00-4:00 p.m. Guide House

OAL RESIDENTIAL TECHNICAL WEEKEND:

January 24-25, 2014 (Note- Friday and Saturday) Milne's Landing - Upper cabin

OAL TENTING TECHNICAL WEEKEND:

April 26-27, 2014 (Note: Saturday and Sunday) Kingswood Camp - Freeman King site

ADVENTURE OAL:

This training will be planned IF there is interest. If you wish to attend this OAL training, please e-mail both svitraining@gmail.com AND Chloe Faught at chloe.faught@gmail.com

REKINDLE: a weekend of fun and friendship plus training opportunities

March 29-30, 2014 Kingswood Camp - McKevitt Lodge Training plans are to have an arts component, Building Guider Skills, Getting Outside, OAL Adventure introduction (NOT the training), campfire protocol and planning followed by a campfire.



NEW GUIDER TRAINING MODULES:

Building Unit Guider Skills March 30th - at Rekindle weekend

All About Your Branch March 30th - at Rekindle weekend

Training is test driving a new idea. TOD- Training on Demand for Guiders

What do you want to learn? How can we help you? Minimum of 6 participants. This is a perfect opportunity to add a training component to your District meeting! Training will keep an additional record of hours of training per District and the trainers will offer to be your staff for your District Guider year end closing if you have the best hour per Guider ratio. As there is no budget for this, we will cook and clean but the District will need to provide the ingredients. Negotiable within reason.

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PATHFINDER TRAINING & SHARING EVENINGS

Need to recharge your programming ideas, network with other Pathfinder Guiders, learn behavior management strategies, empower the girls to take ownership of their program, share your experiences and learn from other Pathfinder Guiders? These evenings are designed for you!

If you attend the two sessions (1 and 2), you will be presented with the red Guider Stream pin.

Information and sharing sessions will cover the following:

- Session 1 (October 24th) Relating with Pathfinders
 Quick Start- ideas to get you going, planning and thinking creatively
- Session 2 (November 6th) **Programming by girls, for girls** involving the girls in all aspects of program decisions

Putting the Pieces Together- with a focus on leadership, communication, girl power, successful outcomes, and girl protection

Girls United (December 4th) open to all interested Guiders

Girls United: Helping Girls Connect in Healthy Ways:

This is Guiding's anti-bullying training and is useful for Guiders at any level of Guiding because it focuses on identifying issues and problems in your unit and finding solutions to get your girls and units working well together.

LOCATION: Guide House 7:00 - 10:00 p.m.

Cost: \$10.00 per evening or all three sessions for \$25.00

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SVI TRAINING REGISTRATION FORM 2013-2014

Name		IMIS # (if known)					
Address							
Phone Email							
Branch (age gro	oup you work with)						
District							
Do you have ar	ny previous Guiding exper	rience? Youth		years			
		Adult		years			
other trainings. for more than of each training place. Pleas Registration for SVI Area Training Deadline for reless than seven sion.	cheques are to be made one Guider, this needs to be ease. When you attend the note the training name of the made of the end of the e	out to Girl Guid be noted on the do ne training, the do on the cheque as dropped off at Go a BC V8T 1A2 efore the training ession may be bu	les of Canad cheque. Sep leposit cheq s it helps the uide House ng date. Reg	la-SVI Area. If paying parate cheques for que (Safe Guide) will be e office staff. or mailed to: sistrations received			
PATHFINDER E	VENT						
Session 1- Session 2- Girls United-	October 24, 2013 November 6, 2013 December 4, 2013	\$10.00 \$10.00 \$10.00					
NOTE: If you sig	gn up for all three training	gs, the cost is \$2	25.00.				



Enrichment Modules



Enrichment Modules

Conflict Management

Our goal with this module is to help you to develop a personal understanding of conflict: the causes, symptoms and solutions. We also hope to give you the skills you will need to effectively manage conflict whenever and wherever it arises

Dramatic Arts

Drama is recognized as a valuable outlet for creativity in youth but its impact on learning has yet to be appreciated. Join us as we discover different age-appropriate styles and techniques that can be used to bring the Dramatic Arts into your meetings.

Effective Communication

Pick up tips and tricks that will help you to build your communication skills which will enable you to use those skills to work more efficiently with other people both inside and outside the organization.

Exploring the Branches

We're going to cover a lot of ground with this session -- everything from the characteristics of girls and women today to the common themes and traditions found in every branch of Guiding. We will explore the concept behind our girl-centered programming and the girl/Guider partnership.

Event Planning

In this module, you will learn about the steps you need to take to successfully plan an event. This module is designed to help guide you through the process and to help you discover your planning skills.

Financial Management

In this session you will learn about the process you need to follow to successfully maintain the financial records for your unit. This module is designed to help guide you through the process and to help you to refine your financial management techniques.

Fueling the Fire ~ Cookies

Cookie funds are the fuel that makes Guiding go! Without cookie funds girls and Guiders like you would not be able to enjoy a variety of activities and programs that develop and promote learning, leadership, fun, friendships and adventures. Find out how you can make cookies a rewarding part of your program.

Girls United ~ Helping Girls Connect in Healthy Ways (Anti Bullying)

This session is about developing healthy relationships among girls. The module is intended to provide you with an introduction to the dynamics of girls' relationships along with age-appropriate strategies for promoting healthy relationships.

Guiding and the Promise & Law

This session will help you to better understand the Promise and Law on a personal level. It is designed to assist you in developing ways to build the Promise and Law into all of your unit activities.

International Guiding

The International Guiding Module is designed to give you an understanding of Guiding around the world and the role WAGGGS plays. It will provided you with ideas for bringing international activities into your unit meetings.

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Enrichment Modules

Leading Active Games

This module will provide you with an understanding of why we play active games and how to lead them. It will also unravel the mysteries of how you can include everyone in the game regardless of their abilities.

Mentor Training

Are you a seasoned leader who would like to help coach a new member to understand her role in Guiding? This is the goal of Mentor Training. The program trains experienced members to be mentors to for new Guiders, enabling them to better help these new members to become accustomed to their role in the organization.

Time Management

The Time Management module is designed to give you the skills you need to effectively manage the time you give to Guiding. Our goal is to help you to make your work within guiding more enjoyable.

Understanding the Adult Learner

Are you interested in joining the training team? This module is the first step towards becoming a TEAM trainer. By the end of this session, you will be familiar with the basic principles of adult learning, how we learn and what helps us to learn.

Volunteer Management

Understand why people volunteer, what people want from volunteering and how you, as a leader, can help our volunteers to achieve these things in order to become more productive members. You will come to appreciate the principles behind targeted recruitment in order for you to be able to develop a workable plan that will enable you to fill a real, specific role on one of your teams.



The **Mentoring Program** is a proactive plan for districts and units to better retain new Guiders, ensure greater success for new Guiders in their first year and ensure a quality unit experience for girls.

Guiders who are encouraged, supported and recognized will be more likely to continue their Girl Guiding experience and will be more likely to find greater satisfaction with the organization.

We are an organization that values the gifts of all of our Members. The intention of the **Mentoring Program** is that experienced Guiders will be mentors to new and returning Guiders.

Mentors will work hand-in-hand with District Commissioners and are supported by the Area Membership Advisers and Area Training Advisers.

If you are interested in being a resource person for a new Unit Guider, Administrator or Commissioner then our **Mentoring Program** is for you!



The Lamplighter Page 25



Guiding in each province of Canada offers optional trainings that are named after the respective provincial flowers. In BC they are called

Dogwood and Beyond Dogwood

and are offered in a two-day residential format. Although not directly related to the girls' programs they provide Guiders with opportunities for personal enrichment, individual growth experience and interaction with other Guiders who share a lasting commitment to the Guiding philosophy.

Each of these trainings are best suited to experienced Guiders who have completed the Foundation modules in their chosen stream (Unit Guider, Administrator, District Commissioner, etc.) and have had an opportunity to work within Girl Guides of Canada for an extended period of time. Within the scope of the new National TEAM training program, **Dogwood** training may cover one or more Enrichment modules; **Beyond Dogwood** would not.

Both these trainings could be considered "post-enrichment."





team

training and enrichment for adult members

Enrichment, Personal Growth and Mentoring Training

Have you already completed the TEAM
Foundation modules in your chosen stream?
Looking for more than just the basics?
Spread your wings, stretch your boundaries and find enrichment!





Contact your Area Training Adviser or Commissioner for information about upcoming training opportunities!

www.bc-girlguides.org

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Enrichment Modules

Enrichment Modules are trainings that participants in all streams can take for their personal development, beyond what is outlined in the stream prerequisite and Foundation modules. These training opportunities will improve skills and enhance self-awareness. All Guiders are advised to take enrichment trainings to encourage personal growth.

A **Yellow Enrichment Pin** is awarded on completion of any five Enrichment modules.

There are currently 18 TEAM Enrichment Modules available with more being developed on an ongoing basis. Topics available now include:

- Bias Awareness/Equity
- Building Strong Teams
- · Communicating with Girls
- Conflict Management
- Cookie Program
- Dramatic Arts
- Effective Communication
- Event Planning
- Exploring the Branches
- Financial Management
- Girls United: Helping Girls Connect in Healthy Ways (Anti-Bullying)
- · Guiding and the Promise & Law
- International Guiding
- · Leading Active Games
- Mentor Training
- Time Management
- Volunteer Management
- Understanding the Adult Learner



Enrichment Modules

Module Descriptions

Bias / Awareness Equity

Your responsibility as a guider is to make sure that every girl who comes into your unit feels welcomed, safe, and valued for who she is and what she can contribute to your group. This module will help you to become more aware of what is involved in providing a welcoming space for all girls, what is required of you, and how you can make a huge difference not only to individual girls, but to your unit, to Girl Guides of Canada, as a whole and to your community.

Building Strong Teams

This module will help you to understand what a team is and how it works. Building Strong Teams will teach you skills you can use to improve the teams you lead or are a member of. We will look at how a team leader leads focusing on developing preparation and facilitation skills that can help to make you a stronger leader.

Communicating with Girls

In this session we will introduce you to effective communication skills and techniques that can help your unit. The reaction you get from your girls will vary depending on how you relay the information to them. We will show you some different ways to practice age appropriate and effective communication with your girls.



Enrichment Modules

Enrichment Modules are trainings that participants in all streams can take for their personal development, beyond what is outlined in the stream Prerequisite and Foundation modules. These training opportunities will improve skills and enhance self-awareness. All Guiders are advised to take enrichment trainings to encourage personal growth.

A Yellow Enrichment pin is awarded on completion of any five Enrichment modules. There are currently 19 TEAM Enrichment Modules available with more being developed on an ongoing basis.

Topics available now include:

- · Bias Awareness/Equity
- · Building Strong Teams
- · Communicating with Girls
- · Conflict Management
- Cookie Program
- Dramatic Arts
- Effective Communication
- Event Planning
- Exploring the Branches
- · Financial Management
- Girl EmPower

- Girls United: Helping Girls Connect in Healthy Ways (Anti-Bullying)
- Guiding and the Promise & Law
- International Guiding
- · Leading Active Games
- Mentor Training
- Time Management
- Volunteer Management
- Understanding the Adult Learner



"Training and Enrichment for Adult Members will benefit not just our adult members.

The ultimate beneficiaries are the girls.

If our adult members are more effective in their positions, the girls will have an even more enriching Guiding experience."

> Heather Scott GGC Training Options





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Orientation to Guiding is provided to all new members as a mandatory part of the Membership Screening Process.

New Guider Training

New Guider training is for adults who are new to the Guider role. It is designed to be delivered in a flexible manner: either in a full day, two half-day sessions, or three shorter sessions covering:

- Building Unit Guider Skills
- All About Your Branch
- Safe Guide

These three modules will provide you with the basic information you need to begin leading a Unit with girls, and will offer a taste of Girl Guides of Canada trainings on which you can build.

Safe Guide Training is mandatory for new Guiders who plan and/or deliver activities for girls and/or adults. It must be completed within 6 months of the join date which appears on her iMIS profile.

Safe Guide Training

The Safe Guide is Girl Guides of Canada's risk management tool, which provides a consistent process for planning and implementing Guiding activities.

This training program provides knowledge about risk factors, risk assessment and safety management strategies. It will encourage the use of **The Safe Guide's** procedures and good judgment to minimize the risks involved in Guiding activities.



The **Unit Guider Stream** provides information specific to Guiders working with the girls. Through these training modules, Guiders will learn about the issues girls are dealing with at different ages. Also included are the goals and components of the program for your branch and innovative ways that you can deliver it to your unit that are fun, active and girl-centered.

How does a **Unit Guider** effectively plan and deliver the program to the girls in her unit? The **Unit Guider Stream** is designed to help Guiders gain the confidence and self assurance they need to deliver girl-centered programs.

The three Branch-specific modules

- About the Girl
- Programming for the Girl
- Quick Start

teach program planning skills including goal setting, activity planning and behaviour management.

Putting the Pieces Together is the final module. It will help you develop a sense of your own leadership style, build your confidence and show you how to combine everything you've already learned in to one fabulous program for some very lucky girls!

The **Red Stream** pin is awarded upon completion of the mandatory trainings and the four Unit Guider Stream Foundation modules.



Outdoor Activity Leaders

The Outdoor Activity Leader Stream provides members with core competencies for providing fun and safe outdoor activities. It covers such topics as technical camping skills as well as organizational and leadership techniques.

Outdoor Activity Leadership (OAL) begins with training and activities for planning walks to the park with Sparks, extends through residential and tenting camping and on to the development and execution of Pathfinder or Ranger adventurous camps such as winter camping or tripping expeditions.

Foundation modules:

Getting Outside is designed to provide skills for the newer Guider to take girls outside of their meeting place.

Residential Camping is for Guiders to develop their skills and take girls camping in a residential setting. It is made up of four parts and focuses on leading, planning and executing a camp. These four modules are:

- Planning
- Leading
- Food & Nutrition
- Camp Life

OAL Enrichment modules are offered for Tent Camping and Adventure Camping.

Your **Green OAL Stream** pin is awarded upon completion of the Foundation modules.

Upon completion of Outdoor Leadership with girls you will receive the OAL Go Camping pin.



The **District Commissioner Stream**helps participants to develop administration,
management and leadership skills. Trainings
are open to Commissioners at all levels and
are designed to help you to acquire concrete
skills and competencies in administration,
planning, record keeping and financial
management.

In British Columbia, the Getting Started
Foundation modules have been combined with
More Depth Enrichment modules to ensure
that every Commissioner has the tools and
skills she needs to do the job. More Than
Getting Started is made up of five modules
on these very important topics:

- Foundation of Your Position
- District Administration
- Human Resources
- Building Your District
- Risk Management

The Orange DC Stream pin and a Yellow Enrichment pin are awarded on completion of the *More Than Getting Started* Foundation and Enrichment training modules.

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The **Administrator Stream** is designed to help Guiders working as Board Directors, Provincial Commissioners, Area Commissioners, District Commissioners, Committee Members and Advisers to develop communication, management and leadership skills.

Effective Communication

Pick up tips and tricks that will help you to build your communication skills enabling you to work more efficiently with other people both inside and outside the organization.

Time Management

This module is designed to give you the skills you need to effectively manage the time you give to Guiding.

Building Strong Teams

You will learn what a team is focusing on the characteristics of a strong team. This module will teach team building and team development, as well as the characteristics of a team leader, and the preparation and facilitation skills needed to be a better leader.

Conflict Management

Our goal with this module is to help you to develop a personal understanding of conflict: the causes, symptoms and solutions.

To complete the Administrator Stream requirements choose any one Enrichment Module that is relevant to your position. The Blue Administrator Stream pin is awarded on completion of these five modules.



The **Trainer Stream** aims to equip Members with the skills and resources they need to effectively facilitate learning for fellow Guiders.

Prerequisites:

Safe Guide Understanding the Adult Learner

It is made up of five modules:

- Needs Assessment
- Training Design
- Training Delivery
- Facilitation Skills and
- Training TEAM

These modules will provides information in the areas of adult education, experiential learning, facilitation and evaluation.

In British Columbia, the pre-requisite module Understanding the Adult Learner and the five Trainer Stream modules are often presented in a weekend format known as "Presentation & Communication Skills"

The **Purple Trainer Stream** pin is awarded upon completion of the prerequisites and Trainer Stream Foundation modules.

If you choose to pursue the role of trainer, you will be matched with a mentor who will help you to develop your trainer competencies.

Once you have completed your trainer candidacy, demonstrated your abilities as a trainer and been assessed by an evaluator you will receive the **Trainer** pin.







GUDER CRAFY NIGHT

Tuesday, November 5, 2013 7:00 PM @ Guide House

We'll do some crafts that night but bring some ideas or an example of a craft you have done.

Please RSVP so we have numbers of attendees to Jeannie Cosgrove at jacosgrove@telus.net (250-658-5687)

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You are Invited to a Bonfire at Camp Jubilee, Drop In Saturday, October 26, Noon to 5pm



Units and Families Welcome Unit Leaders Please Complete your own Safe Guide Paperwork

One Day Geocache Treasure Trail. (take one leave one toys no perishables please. GPS units will be available on site)

Cocoa and Marshmallows Provided. (BYO Mug)

Come out and explore the many summer 2013 improvements and new platform tents.

For groups wishing to camp over. Regular booking required.

Contact eamero@shaw.ca or alsan2@shaw.ca for more information.